

| Position | Name | Affiliation | Job title | Chrono-Nutrition | Chrono-kinematics | Sleep Science | Others | Research Area | Research Keywords | Link to English website |
|------------------|--|--|-------------------------------|------------------|-------------------|---------------|------------------------|---|--|-------------------------|
| Adviser | Shigenobu Shibata | Aikoku-gakuen junior college | Specialty Appointed Professor | ● | ● | ● | Chrono-resting | | Chrono-nutrition food, Life stage chrono-nutrition, Interaction of chrono-nutrition and exercise | LINK |
| | Yasuo Kagawa | Kagawa Nutrition University | Vice president | ● | | | | Molecular Biology, Human Nutrition, Bioenergetics | Molecular Biology, Human Nutrition, Bioenergetics | LINK |
| President | Hideaki Oike | National Agriculture and Food Research Organization (NARO) | Principal Scientist | ● | | | Chrono biology | Animal Nutrition | One-health, Animal welfare, Aging, Functional food, Clock genes, Lactic acid bacteria | LINK |
| Vice-president | Narumi Nagai | School of Human Science and Environment, University of Hyogo | Professor | ● | | | | Nutritional physiology, Nutrition education | Women's health, Low BMI, Shift worker, Athlete, Breakfast, Nutrition education | LINK |
| | Shinobu Yasuo | Faculty of Agriculture, Kyushu University | Professor | ● | | ● | Chrono biology | Animal Physiology Animal Behavior | Functional food factor, Mouse, Diurnal rodents Neurobehavioral biology, Seasonality, Sexual cycle | LINK |
| | Katsutaka Oishi | National Institute of Advanced Industrial Science and Technology (AIST) | Chief Senior Researcher | ● | ● | ● | | | Sleep, Metabolic disease, Thrombosis | LINK |
| | Yu Tahara | Graduate School of Biomedical and Health Sciences, Hiroshima University | Associate Professor | ● | ● | ● | Chrono biology | Physiology, Health Science, Public Health | Food-log App, Human/animal/cell culture experiment, Translational study | LINK |
| | Masaki Takahashi | Institute of Science Tokyo, Institute for Liberal Arts | Associate Professor | ● | ● | | | | Glucose metabolism, Functional food, Chrono-exercise | LINK |
| Board member | Shinya Aoyama | Suntory Global Innovation Center Limited | Deputy Principal Researcher | ● | | | Chronobiology | Nutritional physiology | Skeletal muscle, Functional foods, Timing, Protein | LINK |
| | Hitomi Ogata | Graduate School of Humanities and Social Sciences, Hiroshima University | Professor | ● | ● | ● | | Sports Nutrition | Timing, Elements of health, Health support | LINK |
| | Hiroaki Oda | Nagoya Bunri University | Professor | ● | | | Precision Nutrition | Molecular Nutrition, Nutritional Biochemistry | Breakfast, Clock genes, Lipid metabolism, Personalized nutrition | LINK |
| | Tetsuya Shiuchi | Department of Health and Nutrition, Faculty of Human Life Science, Shikoku University | Professor | ● | ● | ● | | MetaboPhysiology PsychoPhysiology | Homeostasis, Energy Metabolism, Hypothalamus, Skeletal muscle, Homeodynamics, | LINK |
| | Kazuko Ishikawa-Takata | Faculty of Health and Sports Sciences, Toyo University | Professor | ● | ● | | | Nutritional physiology, Sports Nutrition | Energy metabolism, Protein metabolism, Sports nutrition | LINK |
| | Sawako Tasumi | The University of Shiga Prefecture, School of HumanCalutures | Professor | ● | | | Chrono biology | Clinical nutrition | Circadian rhythm, Chronic kidney disease, Mineral metabolism | LINK |
| | Miyo Nakade | Tokai Gakuen University, Department of Health and Nutrition | Professor | ● | | | | Nutrition Education | Children's health, Circadian rhythm improvement, breakfast, Nutrition education | LINK |
| | Akiko Furutani | Aikoku Gakuen Junior College, Department of Home Economics | Associate Professor | ● | ● | ● | Chrono biology | Nutrition Counseling and Nutrition Education, Eating Behavior | Intervention Study, Nutritional Intervention, Eating Behavior, Biological Rhythms, Lifestyle Habits, Behavior Change | LINK |
| | Yoko Yamashita | Graduate School of Agricultural Science, Kobe University | Associate Professor | ● | | | | Food Science, Functional foods | Associate Professor | LINK |
| | Takahiro Yoshizaki | Department of Nutritional Sciences, Faculty of Health and Sports Sciences, Toyo University | Associate Professor | ● | | ● | | Applied Health Science | Nutritional epidemiology, irregular daily routine (irregular lifestyle), sleep/wake cycle | LINK |
| Eiichi Yoshimura | National Institutes of Biomedical Innovation, Health and Nutrition | Section head | ● | | | | Nutritional physiology | Energy Metabolism, Energy absorption, Gut microbiota, Breakfast skipping, Sleep restriction | LINK | |